



**EHL Men's Conference North
Sunday - 16th October 2011
Olton & W.W. v Barford Tigers
Push Back - 1:30 pm**

A very warm welcome to Grange Road to our opponents today – Barford Tigers – and to our umpires, match officials and all supporters for what will hopefully be another action-packed afternoon of entertaining hockey.

Spectators

To ensure that umpires, officials, ball boys/girls and players are not impeded in any way, can **all** spectators who wish to view the game from within the pitch area please use the blue seats at the side of the pitch opposite the dugouts.

All spectators must remain off the pitch and clear of the dugout area until the umpires and officials have concluded their business and left the enclosed area.

Please feel free to use the bar in the clubhouse and if you wish to bring your drink to the pitch side, let the bar staff know and they will give you a plastic glass – and please tidy-up as you leave, it helps everyone. Thank You.

Enjoy the Match



to Grange Road to the Olton Match-Day Programme

Welcome once again to Grange Road and to the fifth game of the 2011-2012 season in the Men's National League Conference North.

This is our third home game of the season and today our opponents are our close neighbours Barford Tigers. Last season we came out just slightly on top of our two encounters with the Tigers by winning a thrilling away game 6-5 and then drawing 2-2 at home. Both teams have yet to register a win this season and so another close encounter is inevitable.

At our last home game we welcomed back to the club a number of ex players who had joined our new Vice Presidents scheme and how good it was to see so many familiar faces from "Olton Past". Some of them still live locally and do call in, but others, such as Richard Townsend, who made the long trip up from Sussex, were visiting the club for the first time in many years. From talking to them in the bar afterwards it was clear that they enjoyed their day with us and envied the wonderful facilities that the Olton players of today are able to use. Their fond memories of changing in the old cricket pavilion, and playing on bumpy grass pitches when it was too wet to cut the grass will remain eternally evergreen, though fortunately now consigned to ancient history!! We hope to arrange another Vice President's day towards the end of the season, to continue those reminiscences, when we hope that even more of our ex players will be able to attend.

Having overcome West Bridgford 2-0 in the first round of the EH Cup we have a challenging fixture awaiting us in the next round – a home draw against our Staffordshire neighbours Cannock, who are currently sitting at the top of the EHL Men's Premier Division with a 100% league record. But then this is the Cup... The date for your diary is Sunday 30th October - a 1:30pm push back here at Grange Road.

We continue to be grateful to our sponsors and advertisers for the financial assistance that they have given to us this year. Many of these businesses are local to the club and if you are able to use any of them please also mention that you have seen their advert in this programme. Today our Match Day Sponsor is Melvyn Danes Estate Agents and we thank Melvyn and Paddy for their generous support. We have four games towards the end of the season for which we do not yet have a sponsor, and so if you wish to support the Club and advertise your business in this way, please let us know.

We have received very positive feedback on the quality and content of our first two match day programmes and we hope to increase our readership numbers by continuing to produce a publication that provides interesting reading as well as the latest essential hockey statistics.

Michael Hooper, our programme editor, will be including a special article relating to 'The Ostrich' in each programme so that by the end of the season you will know all that there is to know about our flightless, swift running friends. If you missed the article in the last edition which included various ways to cook the very healthy and nutritious ostrich meat, please let us know and we will get you a copy. It is surely only a matter of time before it is included on the menu in the club restaurant!

We hope that you enjoy your visit to the club today.

Howard Wilson

**OLTON & WEST WARWICKSHIRE
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EHL Newsletter -- Monday 10th October 2011

Cannock maintained their 100% record in the Premier Division on Sunday at their change of home venue, for the week, of Bishop Vesey School. David Harris scored twice before the thirteen minute mark for Cannock with team-mate Ben Edge adding to the tally before half time. Trailing by three goals at the break, Bowdon launched a spirited fight back but second half goals from Alex Edmondstone and Nigel Croke fell short of earning a share of the spoils. Cannock leads the Premier Division by five points ahead of Surbiton who drew 2-2 with Reading on Sunday. Andy Watts had opened the scoring for Reading, a lead they held until the 52nd minute until a Surbiton flurry of activity produced two goals through James Tindall and then Tim Pinnock. Watts' added his second in the 62nd minute to earn the draw for Reading which followed their loss, the day before, at Hampstead and Westminster. The two teams had brought their fixture forward due to the original date clashing with Reading's involvement in the Euro Hockey League. Hampstead's Will Naylor held his nerve in the 16th minute to bury a penalty stroke that proved to be the winner in a victory that followed up a fine defeat of Beeston last weekend.

After a brief stint at University of Exeter in which he saw no competitive action, Frank Di Mercurio signed off on his Indian Gymkhana debut with a 48th minute goal during his new side's 4-1 win over Oxted. Despite taking a goal lead through Andrew Medcalf, Oxted were overpowered by their opponents who equalised through Jagdeep Gill's first followed by a Rajwinder Singh strike straight after half time. Di Mercurio added to Indian Gymkhana's total in the 48th minute and the scoring was rounded off by Gill's second via a penalty stroke. Gymkhana occupies second spot in Men's Conference East, level on points with Holcombe. On Sunday, Holcombe's third win of the season came courtesy of a 4-2 victory over Bromley & Beckenham. Holcombe were forced to come back from a goal deficit twice in the game with Robert Field and Ryan Ravenscroft restoring parity before Duncan Parnis and Stephan Vehrle-Smith secured the three points. Wimbledon's second win of the season came against City of Peterborough amidst a late flurry of goals. Leading 4-2 in the 67th minute, Wimbledon saw their lead reduced to a goal after Gareth Andrew's penalty corner found the back of the Wimbledon goal. Jared Treadaway was on hand, however, to restore the two goal lead for Wimbledon just a minute later and there were a few nervy moments after Scott Gilmour's 70th minute goal for City of Peterborough threatened a comeback. In the end, it was too little too late and Wimbledon occupies third place in the table, level on points with Canterbury. Canterbury had, the day before, seen David Mathews' net a hat-trick during their 5-1 win over Harlestone Magpies. In the final game of the division, Teddington earned a valuable point at home against Old Loughtonians in a 1-1 draw thanks to Calum Giles' 57th minute equaliser.

It was a fourth win in four for Sheffield Hallam in Conference North following a 5-2 home victory over Olton & WW. It was the visitors that went in at the break a goal up after Tom Pickersgill had converted a penalty corner in the 34th minute. It must have been some half time team talk, because thirteen minutes after the restart Sheffield Hallam had struck three times through Alex Bailey, Alex Humphries and David Goodfield. Sam Mallett pulled a goal back for Olton but Phil Roper and Patrick Longson's goals put the game beyond doubt in the last ten minutes. Brooklands' third win of the season came in a closely contested 3-2 victory away at Doncaster with David Seddon's 67th minute strike proving the decider. The Manchester side is currently in second place three points behind Sheffield Hallam and two points ahead of both Durham University and Belper who recorded triumphs over bottom four sides. Durham University won 3-2 at Barford Tigers having never trailed during the game with goals from Sam Driver, Mark Galloway and Daniel Coultas; Imran Yousaf scored twice for Barford. Belper's 4-3 win over Preston involved a dramatic turnaround despite Belper leading 2-1 at half time. Adam Wilson's second goal for Preston, in the 56th minute, had put the Lancashire side in front for the first time only to have Belper equalise nine minutes later through Richard Kitchen. That set the scene for Belper's Sam Hawkes to smash a last gasp winner in the 70th minute by converting a penalty corner to wow the home crowd with the win. Deeside Ramblers' poor start to the season continued against Leek as they lost 4-3 despite an Ali Ghazanfar hat-trick. Paul Dawson's two goals combined with those from Zachary Sherwani and Daniel O'Neill enabled Leek to earn their second win of the season.

EHL FIXTURES

Sunday 16th October

Men's Conference North			Start	MO	Umpires
Brooklands MU	v	Deeside Ramblers	13:45	McDonagh	Baxter, Stott
Leek	v	Doncaster	14:00	McPherson	Harrison, Kirk
Olton & West Warwicks	v	Barford Tigers	13:30	Crookson	Burnette, Irvine
Preston	v	Sheffield Hallam	14:00	Scrini	Reid, Thirsk
University of Durham	v	Belper	13:30	Oram	Brownbridge, Little

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EHL TABLES

Premier Division		P	W	D	L	F	A	GD	Pts
1	Cannock	4	4	0	0	13	3	10	12
2	Surbiton	4	2	1	1	9	7	2	7
3	Reading	5	2	1	2	9	9	0	7
4	East Grinstead	3	2	0	1	12	4	8	6
5	Hampstead and Westminster	4	2	0	2	4	6	-2	6
6	University of Exeter	4	2	0	2	9	13	-4	6
7	Loughborough Students	3	1	1	1	5	10	-5	4
8	Beeston	3	1	0	2	7	6	1	3
9	Bowdon	4	1	0	3	10	11	-1	3
10	Southgate	4	0	1	3	3	12	-9	1

Conference East		P	W	D	L	F	A	GD	Pts
1	Holcombe	4	3	0	1	13	6	7	9
2	Indian Gymkhana	4	3	0	1	11	7	4	9
3	Wimbledon	4	2	2	0	20	10	10	8
4	Canterbury	4	2	2	0	18	10	8	8
5	City of Peterborough	4	2	0	2	17	15	2	6
6	Old Loughtonians	4	1	2	1	11	10	1	5
7	Teddington	4	1	1	2	11	12	-1	4
8	Oxted	4	1	0	3	9	19	-10	3
9	Harleston Magpies	4	1	0	3	7	20	-13	3
10	Bromley and Beckenham	4	0	1	3	9	17	-8	1

Conference North		P	W	D	L	F	A	GD	Pts
1	Sheffield Hallam Civica	4	4	0	0	19	8	11	12
2	Brooklands MU	4	3	0	1	13	5	8	9
3	University of Durham	4	2	1	1	10	9	1	7
4	Belper	4	2	1	1	11	14	-3	7
5	Doncaster	4	2	0	2	13	10	3	6
6	Leek	4	2	0	2	12	12	0	6
7	Preston	4	1	1	2	10	13	-3	4
8	Olton & West Warwicks	4	0	3	1	10	13	-3	3
9	Deeside Ramblers	4	0	1	3	12	18	-6	1
10	Barford Tigers	4	0	1	3	9	17	-8	1

Conference West		P	W	D	L	F	A	GD	Pts
1	University of Birmingham	4	3	0	1	9	6	3	9
2	Whitchurch	4	2	2	0	11	6	5	8
3	Cardiff & UWIC	4	2	2	0	6	1	5	8
4	Havant	4	2	1	1	11	4	7	7
5	Team Bath Buccaneers	4	2	1	1	10	8	2	7
6	Fareham	4	1	2	1	12	8	4	5
7	Guildford	4	1	1	2	7	7	0	4
8	Cheltenham	4	1	1	2	6	13	-7	4
9	Lichfield	4	1	0	3	7	14	-7	3
10	Bournville	4	0	0	4	4	16	-12	0



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The Gus Blog

Inside the Ostrich Nest

Four Games in, 3 points on the board and Olton find themselves lying in eighth place and still trying to grab that elusive first win of the season. Anyone who has seen the Ostriches in full flight would agree that they should be enjoying the view from the top, not propping up the bottom of the table. Today's game is a must win for Olton and will hopefully be the catalyst that gets their season back on track.

Since I last wrote the Ostrich flock has continued to grow. A lost Ostrich has found their way home in the form of Mark Wilsson who has returned from Dublin having slithered over the best that Irish women have to offer well ahead of schedule. Nick Samra, yet another graduate from the University of Birmingham has a slight anger issue related to his size commonly referred to as "weeman syndrome". Paul Edwards has joined the management team from some team in Staffordshire, apparently he is quite good.

Some of you will be aware that Tom Pickersgill left the club last season to play for Holcombe in return for a second hand car and to fulfill his ambition of playing England Mixed hockey, but you will be unaware of the emotional impact this decision had on him. Cue violin music. Tom's distress has left MJ searching for a sports psychologist to help him overcome what really was a traumatic decision for him, so much so that he now struggles to even name half of the team. Needless to say, he has sought comfort and solace in the women's first team.

I think you will all agree that the setup here at Grange Road is fantastic: quality facilities, pitches, coaching and very talented hockey players, even new training tops that ooze the essence of Barcelona. The club is a time bomb that, with the appropriate attitude and commitment, is waiting to explode into the National Premier League. In the words of Vince Lombardi "The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather in a lack of will."

It is simply a matter of time until strength, knowledge and will are combined to propel the club forward in pursuit of excellence. This week, I leave you with another Lombardi quote and will be shouting myself hoarse in support of those Mighty Ostriches as they notch up that first win of the season. "...I firmly believe that any man's finest hours – his greatest fulfillment of all that he holds dear – is that moment when he has worked his heart out in good cause and lies exhausted on the field of battle – victorious."



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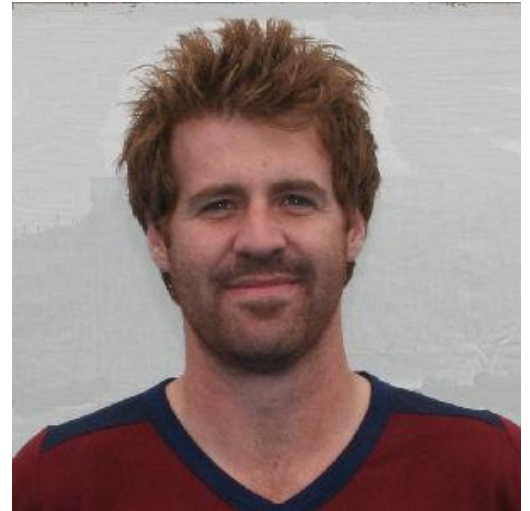
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Player Profile Page

Player name: Tom 'tank' Pickersgill
Clubs represented: Holcombe, Old Wulfs, Bridgnorth, Wolverhampton
How do you 'earn a living' ... hockey clothing ..
Favourite sport as a spectator: hockey ...
Favourite possession / gadget: iPhone
Preferred music / band : electro - what cool kids listen to ..
Marmite ?? Yes or No .. yes
Last book Read: the brochure at the gum clinic ..
Last Film watched more than once: Harry Potter
TV Programme I go out of my way to watch: Stargate



Player name: Simon Thompson
Clubs represented: Rugby, Olton, Bournville, Belper, Bournville, Olton
Honours: England U18
How do you 'earn a living' ... Ice road trucker (?)
Favourite Sport as a spectator: Football **My Team** Arsenal
Marmite ?? Yes or No: NO! it's pure evil, just look at it.
Favourite Meal Out: Italian
Can u cook/Best Dish: Spaghetti Bolognese
Last Book Read: 'Oh the places you'll go'. By Dr Seuss
Favourite Holiday dest.: so far, Florida. **Last Holiday:** Dorset



Olton & West Warwicks

46	Andrew Gooderham	Gk Capt
24	Andy Heslop	
5	Dan Sulway	
4	Tom Bates	
16	Mark Burchett	
21	Rich Thom	
31	Mark Wilson	
19	Michael Johnson	
11	Rich Hoble	
14	Simon Thompson	
17	Sam White	
18	Sam Mallett	
12	Ed James	
15	Ollie Needham	
8	Jack Mallett	
9	Tom Pickersgill	



Manager: Howard Wilson
Coach: Michael Johnson
Physio: Sophie Drewry

Colours: Maroon Shirts & Socks/Blue Shorts

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Barford Tigers



1	Gary Stoneley	Gk
2	Jagandip Rai	Capt
3	Pavinder Sandhu	
4	Raji Sandhu	
5	Imran Yousaf	
6	Jaspal Sathi	
7	Sukhvinderjit Sihota	
8	Navraj Degun	
9	Jesmeet Notay	
10	Mandeep Johal	
11	Shujah Rehman	
13	Harjinder Sandhu	
14	Rajan Kular	
15	Ravi Pachchigar	
16	Amarjit Degun	
17	Amrik Sahi	

Manager: Manjeet Degun
Coach: Nisar Chaudhry
Physio:

Colours: Green Shirts & Socks/White Shorts

Overseeing Today's Game

Match Official: Les Crookson
Umpires: Andy Burnette
Craig Irvine
Umpire Coach: John Litchfield

Junior Hockey at Olton & West Warwick

Olton Hockey Club holds Club First accreditation awarded to Clubs who have demonstrated that they are deemed to be safe and secure Clubs for young people.

Due to the standing of their two Flagship Teams, we do get a lot of interest from young players with ambition to succeed a high level. We have several young players already on the international ladder join us with the ambition and desire to play at the highest level.

However, Olton Hockey Club prides itself on the fact that many players in the top sides have come through our own junior ranks, and there may well be two or three in today's squad.

Our policies have supplied players to both the Men and Ladies 1st XIs including Lucilla Parkes, nee Wright, and Rachel Clift nee Walker who were our two Beijing Olympians. Add to these other home-grown players who have had International experience, and you will see that for several years now, our system has worked. Several of our current young players already have International honours, some of whom have been coached at the Club from pre-teens.

We have Junior Training every Sunday for 48 weeks of the year, snow and ice permitting. This enables our players to keep fit and importantly keep interested. Our success is down in no small way to the fantastic coaches who turn out each week, the children and their parents, many of whom stay to watch in all weathers.

In recent years we have introduced a Badgers team for Boys and hope to resurrect a Vixen's team in the near future. Both of these forms of hockey give boys and girls a chance to make the transition from school hockey/junior training to organised Saturday games.

We also enter Junior National Competitions, and this season we have entered u16s and 14s for both boys and girls.

Current News

After two Badgers games we have introduced several new players to the delights of playing Saturday hockey. Six new youngsters have so far been blooded, plus two adults. With more waiting in the wings the future looks bright, both short and long term.

The first match saw us pitted against Worcester Potters on that hot Saturday when the 1st XI played Belper. We played at our satellite pitch in Henley in Arden and after a goalless first half we scored four, conceding one. It was one of those days where a 15 man squad played very much to our advantage as we were able to keep our players hydrated and the legs fresh.

Our scorers were Chris Barker 2, David Clarke and Thomas Vale.

Our second match of the campaign saw a 1-0 "thrashing" of a youthful Bromsgrove side. Territorially we had probably 80% of the play but it took a 1st half penalty flick from Chris Barker to give us the win, as despite tremendous pressure we were thwarted in front of goal. It was part of the youngster's learning curve and one can be thankful that we came away with a win, despite our inability to score as our efforts deserved.

Recently our U14 boys, under coach Trevor Lewis's tutelage, travelled to Bridgnorth for the first round of matches in the EH Cup. They came away with wins against Worcester and Bridgnorth leaving them with matches against Edgbaston and Stourport.

As a Club we have just seen 8 of our players reach the Futures Cup stage of the selection process. We are pleased to announce that Julie Whiting has been selected for U18 Girls Mercian Lynx, Francesca Ruffle and Jane Wackett for U17s Girls Mercian Lynx, James Simpson for U17S Boys Mercian Lynx, Flora Peel for the Girls U16 Wessex Leopards and Oliver Haley and Luke Padget for Boys U16s Mercian Lynx.

Well done to them all.

John Warner

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Match Date	Venue	Opponent	Match Sponsors
Sun 18 th Sep	(H)	Durham University	Walker Crips Stockbrokers Ltd
Sat 24 th Sep	(A)	Deeside Ramblers	
Sat 1 st Oct	(H)	Belper	John Shepherd – Property in the West Midlands
Sat 8 th Oct	(A)	Sheffield Hallam Civica	
Sun 16 rd Oct	(H)	Barford Tigers	Melvyn Danes – Estate Agents - Survey / Rent / Lease
Sat 22 nd Oct	(A)	Doncaster	
Sun 6 th Nov	(H)	Leek	Cambabest – Bespoke Kitchens & Bathrooms
Sun 13 th Nov	(H)	Brooklands MU	David Hemmings – Senior Club Vice President
Sat 19 th Nov	(A)	Preston	
Sun 27 th Nov	(H)	Deeside Ramblers	
Sat 4 th Feb	(A)	Belper	
Sun 12 th Feb	(H)	Sheffield Hallam Civica	
Sun 19 th Feb	(A)	Barford Tigers	
Sun 26 th Feb	(H)	Doncaster	
Sun 4 th Mar	(A)	Leek	
Sun 11 th Mar	(A)	Brooklands MU	
Sat 17 th Mar	(H)	Preston	
Sun 25 th Mar	(A)	Durham University	

*Keen to Sponsor a Match?
- Contact Howard Wilson -*

WILL IT FIT IN MY EGG CUP?

- An ostrich egg is 24 times the size of a hen's and weighs about 3lb
- It takes two hours to hard-boil, if you can find a pan big enough. The shell will then stay hot for a further two hours
- One egg is enough to make 100 meringues or 32 souffles
- An ostrich lays an egg every two or three days
- She will often lay in the same place as other females, with the result that a single nest can contain up to 50 eggs
- The reason the shell is so hard is that it must withstand the weight of a 300lb bird sitting on it




I read the club's constitution and then realised I did fit the entry criteria, so I decided to join ..

Christmas Menu

·Homemade Spiced Apple and Parsnip Soup
·Cured Salmon on the Bed of Endive with Basil Dressing

·Duck Liver Pate, Fruit Chutney and Toast.

—0—

·Roasted Breast of Turkey with Figs in Blankets, Chestnut Stuffing, Roast Potatoes and Homemade Gravy.

·Plaice and Spinach Roulade, Mashed Potatoes and Lemon Beurre Blanc.

·Pork Fillet Wrapped In Smoked Bacon, Mustard Mash and Brandy Cream Sauce.

—0—

·Individual Christmas Pudding with Lashing of Brandy Sauce.

·Brandied Fruit Crème Brule with Cigar Biscuit.

·Duo of Poached William Pear and Hazelnut Brownie with Mocha Sauce and Ice-Cream.

—0—

·Tea & Coffee

·Mince Pies

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3 Courses £15.50



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England Hockey Men's Cup Round Two

Olton & West Warwicks v Cannock

Sunday 30th October 2011

Push Back – 1:30 pm

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Umpires: To Be Appointed

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Men's Premier Division

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Men's Conference North

Barford Tigers (1) 2 - 3 (1) **University of Durham**
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Sam Driver 7 - F
Mark Galloway 37 - PC
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Belper (2) 4 - 3 (1) **Preston**
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Adam Wilson 27 56 - PC PC
Thomas Galloway 49 - F

Deeside Ramblers (1) 3 - 4 (2) **Leek**
Ali Ghazanfar 10 65 68 - PC PC PC
Paul Dawson 6 48 - F F
Zachary Sherwani 28 - F
Daniel O'Neill 43 - F

Doncaster (1) 2 - 3 (2) **Brooklands MU**
Jonathan Redfern 3 - F
Matthew Parker 53 - PC
Stuart Stanway 6 - PC
Dave Flanagan 18 - F
David Seddon 67 - F

Sheffield Hallam Civica (0) 5 - 2 (1) **Olton & West Warwicks**
Alex Bailey 43 - F
Alex Humphries 44 - F
David Goodfield 48 - F
Phil Roper 61 - F
Patrick Longson 70 - PC
Tom Pickersgill 34 - PC
Sam Mallett 51 - F

Men's Conference West

Cheltenham (0) 0 - 3 (0) **Cardiff & UWIC**
Robin Lovegrove 42 - F
Stefan Ray-Hills 56 - PC
Liam Brignull 59 - F

Havant (2) 4 - 0 (0) **Lichfield**
Jon Smedley 14 - PC
Andrew Pett 35 - F
Tom Murtagh 56 - F
Colin French 65 - F

Team Bath Buccaneers (1) 3 - 2 (2) **Bournville**
Johnny Kinder 9 - PC
Matt Ruxton 52 - F
Thomas Alsop 58 - F
Tom Rowland 6 - F
Jed Kiddle Morris 26 - PC

University of Birmingham (1) 2 - 0 (0) **Guildford**
Peter Jackson 30 38 - PC PC

Men's Conference East

Bromley and Beckenham (1) 2 - 4 (1) **Holcombe**
Nicholas Bluett 3 - F
James Grannell 40 - F
Robert Field 29 - F
Ryan Ravenscroft 49 - PC
Duncan Parnis 67 - F
Stephane Vehrle-Smith 69 - PC

Canterbury (1) 5 - 1 (1) **Harleston Magpies**
Nathaniel Joy 34 - F
Liam Foster 37 - F
David Mathews 41 42 57 - PC F PS
Ben Wright 11 - F

Teddington (0) 1 - 1 (0) **Old Loughtonians**
Calum Giles 57 - PC
Alex Jennings 50 - PC



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OLTON & WEST WARWICKSHIRE HOCKEY CLUB

Olton & West Warwick Hockey Club would like to thank the following list of Senior Club Vice Presidents - for their continuing interest and generous support for the 2011-12 season.

David Benjamin
Derek Birt
Geoff Edwards
Mike Ellis
David Hemmings
Bruce Hipwell
David Hopkins
John Huddleston
Moray Hulme
Greg Hutchings
Ian Major
Gordon McKay

Geoff Pimm
John Scott
John Shepherd
Roger Shepherd
Mike Stubbings
Richard Townsend
Kevin Walsh
Nick Walters
John Warner
Steve Williams
Mark Wilson
John Young

Men's Premier Division

Reading (1) 2 - 2 (0)
Andy Watts 28 62 - F F

Cannock (3) 3 - 2 (0)
David Harris 3 12 - F F
Ben Edge 27 - PC

Southgate (1) 2 - 4 (2)
Drew Burkin 9 - F
Kevin Haigh 67 - PC

Surbiton
Tim Pinnock 52 - F
James Tindall 52 - F

Bowdon
Alex Edmonstone 45 - F
Nigel Croke 62 - PC

University of Exeter
Ian Haley 2 43 - F F
Robert Mugridge 29 - PC
Tom Carson 54 - PC

Men's Conference West

Whitchurch (2) 3 - 3 (0)
Joe Naughalty 6 - PC
Adam Barker 24 - F
Nick Rees 56 - F

Fareham
Craig Peel 48 59 - PC PC
James Seager 68 - F

Men's Conference East

City of Peterborough (1) 4 - 5 (3)
Chris Porter 25 - F
Joe Finding 52 - PC
Gareth Andrew 67 - PC
Scott Gilmour 70 - F

Indian Gymkhana (1) 4 - 1 (1)
Jagdeep Gill 30 66 - PC PS
Rajwinder Singh 36 - F
Frank Di Mercurio 48 - F

Wimbledon
James Osborn 12 - F
Ben Hawes 18 35 - PC PC
Simon Lanyon 44 - F
Jared Treadaway 68 - F

Oxted
Andrew Medcalf 24 - F

TOP GOALSCORERS**Men's Premier Division**

		F	PC	PS	Total
David Harris	Cannock	3	2	0	5
Andy Watts	Reading	4	0	0	4
Matt Daly	Surbiton	2	2	0	4
Ashley Jackson	East Grinstead	0	4	0	4
James Tindall	Surbiton	3	0	0	3

Men's Conference East

		F	PC	PS	Total
Ben Hawes	Wimbledon	1	5	0	6
David Mathews	Canterbury	1	3	2	6
James Osborn	Wimbledon	5	0	0	5
Gareth Andrew	City of Peterborough	4	1	0	5
Oliver Didham	Old Loughtonians	3	2	0	5

Men's Conference North

		F	PC	PS	Total
Ali Ghazanfar	Deeside Ramblers	0	10	0	10
Thomas Galloway	Preston	4	0	0	4
Phil Roper	Sheffield Hallam Civica	3	1	0	4
David Seddon	Brooklands MU	2	1	1	4
Ben White	Leek	1	3	0	4

Men's Conference West

		F	PC	PS	Total
Peter Jackson	University of Birmingham	0	5	0	5
Craig Peel	Fareham	1	3	0	4
Duncan Marsh	Guildford	3	0	0	3
Adam Barker	Whitchurch	3	0	0	3
Tim Davenport	Team Bath Buccaneers	2	1	0	3

Ostrich Eggs

One of the facts about ostrich eggs is that these are the largest eggs laid by any living bird.. The ostrich is a large earthbound, flightless bird native to Africa. It belongs to Struthionidae family and genus Struthio. The male ostrich is referred to as rooster and the female as hen. A grown male ostrich is taller than the female and each of them are taller than 8 feet. This marks ostrich, the great nomad of Africa, as the largest living bird on the planet Earth.

Ostrich Eggs Facts

The South Africans have been raising ostriches for at least 150 years to obtain the meat, feathers and hide. At present, there are more than 2 million ostriches in different parts of the world. One of the astonishing ostrich eggs facts is that an ostrich hen can lay 40-200 eggs per year, and around 5-20 eggs at a time. The eggs are guarded and incubated by the hen during the day. The same task is performed by the ostrich male, during the night. The following is a list of ostrich eggs facts:



- An ostrich hen lays one egg every two day, from the middle of March till the middle of August.
- In favorable conditions, an ostrich female can remain productive for 25-35 years.
- Average incubation or hatching period of ostrich eggs is of 42 days.
- The shell of the ostrich eggs is strong, and is 0.06 inches thick and can bear the weight of an adult man.
- On an average, the weight of an ostrich egg is close to 1 kg.
- The color of the ostrich eggs range from a pearl white to cream color.
- Ostrich eggs are approximately 6-7 inches in length and 15-18 inches around.
- If you are looking for nutrition facts for an ostrich egg, you will be surprised to know that it can provide a whopping 2,000 calories.
- Another ostrich egg fact is that the contents of the ostrich eggs in dry form contain 47% of proteins and 44.3% of fats.
- The ostrich eggs also contains calcium, phosphorus and vitamins such as vitamin A, vitamin E, riboflavin and thiamin.
- Trace elements such as magnesium, manganese, selenium, zinc copper and iron are found to be present in the contents of the ostrich eggs.
- Eggs laid by the elephant birds of Madagascar (now extinct) and the giant moa of New Zealand were bigger than that of the ostrich.

How to Cook an Ostrich Egg

Boy, you have found yourself a very interesting task. Cooking an ostrich egg is not a task that can be completed in a hurry. If you are planning to have ostrich eggs for breakfast, it will be a good idea to have some spare time on hand, whilst going about it.

The following instructions explain how to cook ostrich eggs:

- You will need a sharp, thin and strong instrument such as ice pick – ostrich eggs have a very tough shell.
- Pierce the egg shell, in order to make a hole, at the pointed end of the egg.
- If the ice pick or the instrument you have chosen, is not enough for the task, you may need to use a hammer with it. Tap the head of the ice pick with hammer lightly which may drive its pointed end through the egg shell.
- Next task is to cut through the inner membrane. It is tough, hence, use a knife to complete the task and stir the content of the egg.
- Place the ostrich egg in boiling water and cook it for about one and half hour. Take precaution of maintaining the breached end of the ostrich egg up.
- Alternatively, you can pour the egg contents onto a hot pan and make yourself, an omelet.
- You may have to invite your friends to eat a cooked ostrich egg because its contents amount to that of 2 dozen chicken eggs.

If you are looking for a change, try searching the Internet for recipe using ostrich eggs. Apart from ostrich eggs, its meat, feathers and hide are also sought after in various industries. The feathers are colorful and are used to make feather dusters. There is also a booming art industry that uses ostrich egg shells to make artifacts.

So these were some egg and flightless facts about ostrich eggs!

EHL FIXTURES & RESULTS 2011-12

Premier Division	Bee	Bow	Can	EG	Ex	H&W	LS	Rea	Sou	Sur
Beeston		19Nov	23 Oct	17Mar	16 Oct	4 Mar	14 Oct	4 Dec	26 eb	4-1
Bowdon	19Feb		11Mar	26Feb	4 Dec	13Nov	2-3	16 Oct	23 Oct	1-4
Cannock	25 Oct	3-2		12Feb	4-1	27Nov	17Mar	26Feb	4-0	19Nov
East Grinstead	13Nov	6 Nov	16 Oct		19Feb	11Mar	4 Dec	2-3	26Nov	25Mar
Exeter University	12Feb	1-5	4 Mar	19Nov		6 Nov	25Mar	3-2	11Mar	17Mar
Hampstead & W	3-2	17Mar	0-2	23 Oct	26Feb		16 Oct	25Mar	19Nov	4 Dec
Loughborough Students	11Mar	27Nov	13Nov	1-7	22 Oct	12Feb		19Nov	1-1	26Feb
Reading	2-1	12Feb	6 Nov	4 Mar	27Nov	0-1	19Feb		17Mar	2-2
Southgate	6 Nov	25Mar	4 Dec	0-3	2-4	19Feb	4 Mar	13Nov		16 Oct
Surbiton	27Nov	4 Mar	19Feb	22 Oct	13Nov	2-0	6 Oct	11Mar	12Feb	

Conference East	B&B	Can	CoP	HM	Hol	IG	OL	Oxt	Ted	Wim
Bromley & Beckenham		6 Nov	11Mar	19Feb	8 Oct	4 Feb	19Nov	26Feb	3-7	25Mar
Canterbury	4 Mar		25Mar	8 Oct	22 Oct	19Feb	4-4	13Nov	17Mar	4 Feb
City of Peterborough	13Nov	2-6		8-2	4 Mar	23 Oct	3-2	17Mar	19Feb	4-5
Harleston Magpies	16 Oct	12Feb	27Nov		3-2	17Mar	26Feb	1-5	13Nov	6 Nov
Holcombe	12Feb	25Feb	5 Nov	25Mar		2-0	11Mar	16 Oct	4 Feb	19Nov
Indian Gymkhana	4-2	16 Oct	26Feb	20Nov	27Nov		6 Nov	4-1	25Mar	11Mar
Old Loughtonians	17Mar	27Nov	4 Feb	22 Oct	13Nov	4 Mar		25Mar	11Feb	19Feb
Oxted	22 Oct	11Mar	19Nov	4 Feb	19Feb	11Feb	2-4		4 Mar	1-10
Teddington	27Nov	19Nov	16 Oct	11Mar	1-5	2-3	8 Oct	6 Nov		25Feb
Wimbledon	2-2	3-3	11Feb	4 Mar	17Mar	13Nov	15 Oct	26Nov	22 Oct	

Conference North	Bar	Bel	Bro	DR	Don	DU	Lee	Olt	Pre	SH
Barford Tigers		26Feb	0-5	11Mar	19Nov	2-3	25Mar	19Feb	4 Feb	6 Nov
Belper	22 Oct		4 Mar	19Nov	25Mar	19Feb	2-1	4 Feb	4-3	11Mar
Brooklands MU	27Nov	6 Nov		16 Oct	12Feb	2-3	26Feb	11Mar	3-0	19Nov
Deeside Ramblers	13Nov	17Mar	19Feb		4 Feb	4 Mar	3-4	3-3	22 Oct	4-7
Doncaster	17Mar	7-2	2-3	4-2		13Nov	19Feb	22 Oct	4 Mar	27Nov
Durham University	12Feb	16 Oct	4 Feb	6 Nov	11Mar		19Nov	25Mar	2-3	26Feb
Leek	5-3	27Nov	22 Oct	12Feb	16 Oct	17Mar		4 Mar	13Nov	2-4
Olton & WW	16 Oct	3-3	13Nov	27Nov	26Feb	2-2	6 Nov		17Mar	12Feb
Preston	4-4	12Feb	25Mar	26Feb	6 Nov	27Nov	11Mar	19Nov		16 Oct
Sheffield Hallam	4 Mar	13Nov	17Mar	25Mar	3-0	22 Oct	5 Feb	5-2	19Feb	

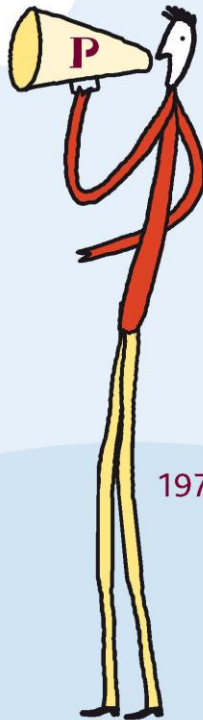
Conference West	Bou	CU	Che	Far	Gui	Hav	Lic	TBB	UoB	Whi
Bournville		11Mar	19Nov	0-5	1-5	16Oct	26Feb	12Feb	27Nov	6 Nov
Cardiff UWIC	13Nov		12Feb	17 Mar	2-0	27Nov	6 Nov	26 Feb	16Oct	1-1
Cheltenham	17Mar	8 Oct		19 Feb	22Oct	25Mar	4 Feb	2-2	4 Mar	13Nov
Fareham	25Mar	19Nov	16Oct		27Nov	26Feb	11Mar	6 Nov	2-3	12Feb
Guildford	4 Feb	25Mar	26Feb	2-2		6 Nov	19Nov	11 Mar	12Feb	16 Oct
Havant	19Feb	0-0	5-0	22 Oct	4 Mar		8 Oct	5 Feb	13Nov	18 Mar
Lichfield	22Oct	4 Mar	3-4	13 Nov	17Mar	12Feb		16 Oct	3-1	27Nov
Team Bath Buccs	8 Oct	22Oct	27Nov	4 Mar	13Nov	4-2	19Feb		17Mar	1-2
Univ. of Birmingham	3-1	19Feb	6 Nov	4 Feb	8 Oct	11Mar	25Mar	19Nov		26Feb
Whitchurch	4 Mar	4 Feb	11Mar	3-3	30Oct	19Nov	5-1	25 Mar	22Oct	

**OLTON & WEST WARWICKSHIRE
HOCKEY CLUB**

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